

Take the Cultural Plunge

The purpose of this exercise is to have students expose themselves to groups that are different than their own ethnicity/culture.

- Have students choose an activity in which they expose themselves to a completely different culture.
- Students are to attend an event or participate in an activity where they will be exposed to a different ethnic/cultural group. They should go on their own, NOT as a class or with a group of friends.
- You may have to brainstorm as a class on different events the students could choose from.
- EXAMPLES: different church/synagogue/temple, gay rights rally, international student organization (MISO) event, community sponsored event by an ethnic population, etc.
- The students should write a reaction paper. How did they feel about attending the event? What was their emotional response? It should include insight and reflection, as well as describe the event.