

## Sophomore *Signature* Program

### *Remember...*

Your personal plan for success is just that, yours. No one else can answer the questions below or provide the depth of insight, that you can. Those closest to you may have some knowledge of who you are, but in the end, it's up to you! And you can do it! All of us are ready and able to answer the tough questions, provide the insight we need, if we will only take the time to really think about it. As you go through this process, we encourage you to consider the following:

- Examine:** Get away from where you are normally to give yourself an environment that is stimulating but one that doesn't carry the distractions of day to day life. Consider a coffee shop, the woods, a secluded spot on campus, etc. *Retreat*
- Explore:** Ask yourself the tough questions below and get the answers. Give yourself plenty of time to mull over the question, consider any answer that comes to your mind. *Reflect*
- Evaluate:** Renew yourself by looking down the path of life to see new opportunities that you may find through honest reflection during retreat. *Renew*
- Engage:** Come back to daily life, ready to engage in your plan. *Return*

This "Personal Plan for Success" is meant to be used in conjunction with the variety of sessions that you may attend through the Sophomore *Signature* Program. We hope those sessions will add to your knowledge to be better able to address the issues identified in this document. This packet may also be used as a stand-alone, or in conjunction with a mentor or advisor. Please see the back of this packet for additional information on contacting an advisor. Good luck!

### *Examine*

What do you value most in life?

What values raised you?

What are your current aspirations?

What have your goals been growing up? What did you want to be when you were a child?

## *Explore*

Who are you becoming? How has college changed you? What have you learned about yourself since beginning college?

What values have you gained since coming to college? How well do those values jibe with the values that raised you.

What aspirations do you currently have?

What are your goals? In college? In life?

What majors interest you? Check out the catalog for course information on each major and list three here.

1.

2.

3.

Comments:

What clubs or organizations have you considered joining or are you interested in? Check out Campus Life's website at <http://www.mercer.edu/studentaffairs/campuslife/> and list three here.

1.

2.

3.

Comments:

What other activities interest you? How do they fit with your aspirations, goals, values?

## *Evaluate*

Concerning your current major and/or majors that interest you, which ones seem most like you? By this, we mean which ones fit best who you are, your goals, your aspirations, and your values?

1.

2.

3.

Now, rank order them in terms of preference:

1.

2.

3.

Now, consider that Mercer only offered one of the three choices above. Which one would you be willing to leave Mercer to pursue? If there is one, what does that tell you about your preference for that major?

Of your current activities and organizations and those that interest you, which ones seem most like you? By this, we mean which ones fit best who you are, your goals, your aspirations, and your values?

1.

2.

3.

Now, rank order them in terms of preference:

1.

2.

3.

Now consider that Mercer only offered one of the three. Which one would you miss the most if it was suddenly not available at Mercer? What does that tell you about your preference for that major?

## *Evaluate, Continued*

List your values here. By the letters, list how an activity or your major fit that value.

- |    |    |
|----|----|
| 1. | A. |
| 2. | B. |
| 3. | C. |

List your goals here. By the letters, list how an activity or a major will fit that value.

- |    |    |
|----|----|
| 1. | A. |
| 2. | B. |
| 3. | C. |

List your aspirations here. By the letters, list how an activity or a major will fit that value.

- |    |    |
|----|----|
| 1. | A. |
| 2. | B. |
| 3. | C. |

# *Engage*

I have chosen the following major:

Write your rationale for choosing that major here:

I have chosen to be involved in the following activities:

- 1.
- 2.
- 3.

Write your goals for being involved in these activities:

- 1.
- 2.
- 3.

The questions I still have are:

- 1.
- 2.
- 3.



## Sophomore *Signature* Program

Thanks for participating in the Sophomore Signature Program! Your fellow students have created this program to help you gain clarity of the rest of your college career. Each program we do seeks to provide guidance to help you determine the meaning behind what you do and who you are, and then use that to help you find where you're headed and what you should do to help yourself arrive at your destination successfully.

Should you want to speak with someone about your plan, or have other academic questions, please feel free to make an appointment with Ted Goshorn or other staff at the Office of Academic and Advising Services. Feel free to call x2078 or email [goshorn\\_ta@mercer.edu](mailto:goshorn_ta@mercer.edu). Best of luck to you on your journey!

Also make sure to check out the website for upcoming events!  
<http://www2.mercer.edu/AAS/For+Students/For+Second-Year+Students.htm>